

Coworking Health Certification: Thermal Comfort as Market Positioning

Health-certified coworking attracts tenants who pay more and stay longer.

At a Glance

Health impact #18. Thermal comfort and occupant health are linked directly. Measurable outcomes improve from Biothermal Microconditioning. Occupants show improvement across multiple health dimensions when thermal environment is optimized for human physiology.

Summary

Occupant health outcomes improve measurably when thermal environment is optimized for human physiology. Heat stress from March through November creates cumulative immune debt in occupants working in thermal discomfort. Thermopod™ Biothermal Microconditioning prevents chronic heat stress and supports recovery. Combined with humidity restoration to 40-60 percent RH, occupants show measurable improvement in sleep quality, cognitive performance, immune function, and stress hormone levels. Easy Retrofit deployment means organizations invest in occupant health without major capital expenditure. Measured outcomes include lower sick days, reduced chronic disease progression, improved mental health markers, better focus. This is health infrastructure.